



Cataraqi Canoe Club

News

April 2003

COMMODORE'S NOTE

Margaret Wild

This comes to you at the end of March from the Philippines, where CCC boathouse manager Bob Tolley has been working, with the enthusiastic support of your commodore. Within a nightmare international scene, we have been lucky to have nothing but positive experiences, and after more travel look forward to seeing everyone at CCC Open House, together with fervent hope for less troubled times.

On a lighter note, while Robert worked hard in Manila I had opportunity to tour Sabah in N. Borneo. The trip included climbing Mount Kinabalu, at 4101m, S.E. Asia's highest. Flying in over the menacing jagged massive towering above clouds brought stark terror, surely a retiree should manage this risk by bowing out gracefully! Other members of the group proved equally apprehensive, but apparently this was one of the 'easier' mountains, technically speaking that is. The major part of the 9K climb is formed by series of 'steps', that is, boulders, tree roots, and timbers of every size and descrip-

tion, that only go straight up (imagine climbing CN tower). We set off grateful for mountain mist to mitigate tropical heat, up through exotic rain-forest to stubbier alpine growth, anticipating the panorama of all Sabah above the cloud! Each person imagined others were sleeping as we endured a wretched night in the mountain rest house at K6, 3000m. When we arose at 3 am, a beautiful clear night assured us of sunrise and glorious view at the peak. The last 2K were on bare granite at 450, too steep to climb without cantilevering out on ropes. We were glad that torchlight prevented full appreciation our situation, and scarcely had time to dread the descent. Altitude



Cataraqi Trail End-to-End 2000

effect headache, nausea and lack of breath made the last few meters a struggle, but make it we do. Just in time to see a huge rain cloud obliterating all! Shrieking legs attend the laborious descent, but we are elated and talk of nothing but our achievement. What's this?

Certificate Nbr. ten thousand – is it possible so many could beat these overwhelming odds!

In fact the risk management of Mount Kinabalu Park is impressive, especially in an Asian country where there are often more pressing concerns. A name and number identity tag is issued as each climber registers. The climbing fee includes insurance, and it is mandatory to hire a guide, one for up to four persons. Climbers register again be-

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Membership Renewal!

Membership renewals and space rental for the 2003 season are due April 1. Save a stamp.... Visit us at the Open House May 6,7,8 and renew for another activity filled season.

CATARAQUI CANOE CLUB

P.O. Box 1882,
Kingston, Ontario, K7L 5J7

Boathouse located at the foot of Cataraqui Street near the Woolen Mill
Call 544-8375, or check www.cataraquicanoe.on.ca for listing of events and information.

Executive and Board of Directors 2002-2003

Commodore	Margaret Wild	542-9626
Vice Commodore	Dukke van der Werf	384-6054
Secretary	Wendy Lloyd	544-4278
Treasurer	Ed Jezak	389-4459
Past Commodore	Barry Irish	389-6334
Members at large	Peter Kopp	546-9216
	Dugald Carmichael	542-8628
	David Ferguson	384-3044
	Charles Hannan	536-1610
	Mark Hughes	542-4798

Committee Appointments & Activity Resource Members

Newsletter Editor	Don Harris (546-0842)
Recreational Scheduling	Dukke van der Werf
Courses & Clinics	Mark Hughes/Barry Irish
Events/Open House	Barry Irish
Publicity	Peter Kopp/Barry Irish/Charles Hannan
Coordinator of Volunteers	Charles Hannan
Boathouse Equipment & Activities	Don Harris (546-0842)
Boathouse Manager/Assistant	Robert Tolley (542-9626) /Mark Hughes
Webmaster	Alan Nicholls (547-3781)
Telephone Listings	Judy Skeggs (374-3420)
Whitewater program	Dugald Carmichael/Mark Hughes
Hiking	Gary Birrell (389-5154)
Skiing	Ed. Jezak
Canoe tripping	Barry Irish

Newsletter Contributions Welcome!

Members are invited to submit write ups of their outdoor adventures (can be quite brief!), or other material of interest to CCC. If you have pictures to accompany the article, good care will be taken to return them. E-mail stories to: donharr@attcanada.ca. Alternatively, mail material to the club address above, or pass it to any member of the executive.

Has your address (telephone no.) changed, or do you have an e-mail address?

We want to stay in touch and make sure that you receive the newsletter. Please forward any change in address/email/phone number to the club membership secretary, Barry Irish at 389-6334; to the club address listed above, or e-mail to: irib@kingston.net

(Continued from page 1)

fore the final ascent, and are even more closely monitored and assisted by highly skilled registered guides. The Park still mourns a young girl 'Ellie', lost in the mist last year, so procedures have been tightened still further.

All this has given me heightened appreciation for the dedication of CCC committee members continuing the work on risk management and environmental protection described in my last note. Barry has kept me up to date, and beside CCC revised trip waiver form, there is a new incident report and procedures. Typical hazards have been delineated, activity rating systems developed, together with a resource booklet for trip leaders. Work continues on the environmental information package. Unfortunately due to the much higher cost than anticipated to certify instructors for CCC, this program has been discontinued at this time. Other avenues are being investigated.

Now we are ready to enjoy the fun! I hope you will have a wonderful summer replete with CCC trips and courses. Be sure to find out more at Open House and bring along friends and neighbours!



NOTICE

Both Peak Experience Stores Give CCC members a 10 percent discount.

EDITOR'S NOTES

Please check out the new schedule carefully and decide which trips look like fun and appear to be do-able. It would appear, from trips I have been on, that it is always a lot of regulars and familiar faces who come along. It is always nice to see new members, and faces, coming along for the enjoyment, knowledge, and fun that is experienced on these trips. As well as making new friends and partners along with previous ones. Our leaders put a lot of time and effort into organizing great trips for us, and your efforts to join in are always appreciated.

Please make note of two most enjoyable, and fun trips coming up.

Aug. 30 – Sept. 1. Sat. to Mon. Barry Irish's return to the Nunikani Loop in the Leslie Frost Wilderness of Haliburton.

Sept. 26 – 28. Fri. to Sun. Schooner Lakes with one of our most able, capable, and knowledgeable leaders; Mark Hughes.

Both of these trips are on Ontario Crown lands and waterways. Previously there was no charge for camping in/on this wilderness. Since our Conservative Govt. has started charging the counties with the local road maintenance there is now a very modest fee charged locally for their use.

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FALL SALE – Sat. Sept. 6th, and Sun. Sept. 7th

Courses and Clinics

Getting Started (Kayaking) – 830am to 12pm May 18th, June 15th, July 13th, Aug. 10th & Sept. 14th.

Introduction to Sea Kayaking – 830am to 430pm May 25th, June 22nd, July 20th, Aug. 17th, & Sept. 21st.

Women's Only Introduction to kayaking – 830am to 430pm June 1, June 29th & July 27th.

Easy Rolling (kayak) – 1PM to 430Pm June 8th, July 6th, Aug. 10th & Aug. 24th

Women on Water Easy Rolling – 1PM to 430PM June 8th, July 6th & Aug. 24th

Resources & Recovery Strokes – 830AM to 12PM Aug. 3rd & Aug. 31st

Getting Started for Women – 1Pm to 4Pm May 18th, June 15th & July 13th.

Private Kayak Coaching Available**TRAILHEAD (546 – 4757)**

Demo day with factory reps at Lemoine Point – may 31st (Canoe & Kayak)

Demo Nights – Wednesdays 6 to 8 Pm at Lemoine Point.

Learn to Canoe – 10AM to 2PM June 14th, July 12th & Aug. 9th

Learn to Sea Kayak – Tues. & Thurs. Evenings 6 to 8PM

June 10th, 12th, 24th, & 26th, July 8th, 10th, 22nd & 24th, Aug 5th, 7th, 19th & 21st.

Sat. 10AM to 4PM – June 7th & 21st. July 5th & 19th. Aug. 2nd & 30th & Sept. 6th.

Sea Kayak Trips – June 7th & 8th. June 14th & 15th. June 28th & 29th. July 5th & 6th. J u l y
26th & 27th. Aug. 2nd & 3rd.

Peak Experience – 384 – 2002

Demo Evenings 6:30 to 8:30PM at Rotary Park (canoe and kayak)

June 3rd, 10th & 17th, July 15th, 22nd & 29th, Aug 12th, 19th & 26th

Intro to Sea Kayaking 6:30 to 8:30PM at Rotary Park

June 23rd & 24th, July 7th & 8th, Aug. 4th & 5th

Used Gear Swap – September 27th

Two locations – 795 Gardiners Road & 166 Wellington Street

Westbrook Whitewater Adventure by Dugald Carmichael, Dukke van der Werf, and Ed Jezak

On March 22 Dugald was scheduled to lead a CCC ski trip, but only the three of us showed up. It was easy to persuade ourselves to cancel the skiing and meet at noon to start the whitewater season!

Dale Myrfield joined us in Westbrook, where Glenvale Creek was free of ice and thundering under the bridge. This was near the end of a 3.3-km run familiar to all – a great way to resharpen our paddling skills! Eagerly we drove to the put-in at Westbrook Golf Course.

Highest water in several years. The beaver dam and the golfers' bridge were completely washed away, making the first km easy and fast. At Limestone Ledge #1 Ed portaged his Viper-11 through deep snow on river right. On the left Dale found a short portage for his XL-13 and a thigh-deep waterhole for his leg. Dukke and Dugald dragged his Appalachian-16 down the same route. Great ride down to Ledge #2, which we portaged on the left as usual. Big waves ahead - a fast exhilarating run with several sharp bends and a fallen maple to avoid. Then the quiet stretch above Hwy 2, where extra-high water provided a convenient shortcut around a grove of tangled willows.

We portaged across Hwy 2 and relaunched for the most exciting stretch, which starts quietly and gradually steepens to Ledge #3 above a 250m bedrock gorge with trees on both sides. Dale ran the notch in the ledge and eddied on river right.

Ed hit the notch perfectly, and continued on down the gorge. Dale peeled out to follow, and then Dugald's green canoe dropped down the notch.

Humongous waves in the gorge. Halfway down, Ed capsized in some overhanging branches and began a long scary swim. Dale chased Ed's boat, but capsized his own just as he completed the run. Dukke and Dugald were back-paddling, but even so they shipped water by the gallon, bracing carefully to keep their balance. Below Westbrook Road bridge were more big waves and a normally easy turn to the left to stay in the main channel, but by now they were barely afloat. Within seconds they realized that they could not back-paddle hard enough to clear a grove of maple trees on river right. Change of plan. "Hard Forward!" yelled Dugald, and they tried to power the canoe to the right of a small maple 10m upstream from the other trees and closer to the bank.

They almost made it. The left gunwale beside Dukke (who was paddling right) struck the tree, and Dugald set his paddle in a downstream pry to pull the stern around. No worries in a normally loaded canoe, but now the momentum of all that



water they had shipped took command. The canoe tipped left and immediately started to fold around the tree facing downstream. Dukke grabbed the tree and pulled herself upwards, but she was squeezed against the tree with crushing force, her voice and then her breathing losing power. Could this be death? Somehow she managed to free her torso to the right of the

tree, but her left ankle was painfully trapped. The water was only thigh-deep, but now she was in a shoulder-high cascade of ice-cold water flowing up and over the folded canoe. Calmly, she entrusted her fate to others and awaited rescue (she grew up with an older sister!).

Meanwhile, Dugald had been dumped over the left gunwale, in danger of being pinned against the downstream maples. Just in time he swung his feet downstream, placed an upraised foot against a trunk, and pushed off hard into the main flow on the left side of all the trees. 40 meters below, the current slackened on a right-hand bend. Two upside-down red playboats were floating slowly downriver, followed by Ed, who later caught a right-hand eddy. Dugald grabbed some bushes on river left, clambered up the bank, and started running back upstream. There he met Dale. They yelled and waved to Dukke near the far bank, and she waved back.

30 meters upstream they crossed the bridge and somebody's front yard to get to Dukke, who was calm and coherent but getting cold. They could stand in the water right beside her, but soon found that they could not free her foot. Dugald ran to the nearest house, where David Little and his wife helped him to call 911. Dukke was gripped by sudden fear that the canoe would dislodge itself and drag her downstream to certain death. "Tie up the canoe! Tie it up right now!" she shouted at Dale.

"Don't worry, it's not going anywhere!" he reassured her, while attaching a long rope to the bow. Then Dugald and David arrived with another long rope, but even with all three of them pulling, the creek was too powerful for Dukke to get free. While Dugald stayed pulling on Dale's rope to ease the pressure on Dukke's foot, Dale attached the second rope and David walked it upstream outside some bushes at a better angle. Dukke glanced over her shoulder, wondering when 911 might respond. As if by magic, two uniformed superheroes appeared, took off their weapon-belts, and waded in with thoughts focussed on their mission: Save Damsel in Distress! Fearlessly, Const John Vallier stepped across to the upstream side of the canoe. He turned his back against the powerful torrent and somehow managed to brace his legs. With both hands he pulled hard on the upper gunwale, while Dugald, Dale

and David heaved mightily at the ropes. Suddenly Dukke was free and Const Sean LeBlanc was hauling her by the armpits the few meters to shore. Whew!

By now about a dozen 911er's had arrived, including a fire truck and an ambulance. Dukke shivered vigorously as she began to warm up in the Littles' kitchen, and she and Dugald answered lots of questions. Dale retrieved Ed just as they were about to send some officers to look for him. We think Dukke was pinned in the water about 20 minutes, but it's hard to judge.

The ambulance delivered Dukke to KGH, where Xrays revealed a slightly separated fracture across the knob at the lower-inside end of her leg-bone, stretched ligaments on the outside, and probably a cracked rib or two. A day later, the fracture was set with a pair of pins and a plaster cast.

Resting on Dukke's dining-room table is a tiny, beautifully crafted canoe – a memento bought by Ed in the Peterborough Canoe Museum. When Dukke is out and about again, she plans to have it engraved:

Glenvale Creek , Westbrook – March 22, 2003.

White Water Warriors

Safe and Sound? We are glad they all survived. Dukke still looks good. Even on crutches. Hope to see her back on the water soon.

Future Items

Any contributions for the fall newsletter, items, pictures, etc. Please try to have them to me by the end of August, 1st week in Sept. at latest.

donharr@attcanada.ca

PADDLING FROM THE BOATHOUSE.

Members are invited to paddle club canoes and kayaks, from the boathouse, on specified times during the summer. This is a good way to wind down after work, to just have an evening paddle, to practice one's skills, or to try out club boats. **Please sign the register** each time you take a boat out., and **check yourself out**, after returning the boat; we do not want to leave anybody out on the water! On the scheduled evenings, if nobody arrives to paddle after 45 minutes, the person *on duty* is free to lock up and leave. (It is boring to be there all alone with no customers!)

MAY 14 – 28. Wednesday evenings 6:30 – 8:30.

JUNE 3 – AUGUST 30. Tuesday and Thursday evenings 6:30 – 8:30 (or dusk); Saturday afternoons 2:00 – 5:00.

SEPTEMBER 3 – 24. Wednesday evenings 6:00 to dusk.

LEARN TO CANOE COURSE.

May 13 to 29, Tuesday and Thursday evenings, 6:30 to 8:30 p.m. This three-week course is held at the club boathouse, using club equipment. The cost is \$20 for members and \$45 for non-members. Instruction is by seasoned CCC paddlers, who offer the right blend of instruction and encouragement to build confidence in the beginning paddler. Register at Open House or call Barry Irish at 389-6334 or 539-4864 (cell).

CANOE SKILLS IMPROVEMENT COURSE.

June 4, 18, and 25, Wednesday evenings, 6:30 to 8:30 p.m., at the club boathouse. Walter Sepic, our skilled and personable ORCA instructor will tailor the course to match the learning needs of the participants. Cost is \$15 for members and \$30 for non-members. Register at Open House or call Barry Irish at 389-6334 or 539-4864 (cell).

RECREATIONAL KAYAK TOURING CLINIC.

Dates to be announced at our Open House. This popular clinic is an introduction to recreational kayaking for beginners, held at the boathouse with your own or club equipment. Cost is \$5 for members and \$10 for non-members. Instructor Gail Pringle's experience comes from racing and coaching. Topics covered include paddling techniques, equipment choices, weather and safety aspects of touring. Bring a change of clothing. Register with Gail at 545-0319.

CANOE TRIPPING CLINIC.

June 14, Saturday, 9:00 a.m. to 1:00 p.m., at the boathouse. Everything you wanted to know about camping by canoe. Topics covered include safety, no trace camping, critter proofing, portaging a canoe, transporting a canoe, environmental issues, equipment choices and much more. Cost is \$5 for members and \$10 for non-members. Register at Open House or call Barry Irish at 389-6334 or 539-4864 (cell).

CCC EQUIPMENT RENTAL POLICY

Use at Boathouse: A member may borrow a canoe or kayak, together with paddles, lifejackets and safety equipment, without cost when the boathouse is open, if used only in the vicinity of the boathouse and returned by the time the boathouse is closed. Posted Safety Rules and the direction of Boathouse Officer must be followed. Use of equipment is restricted if needed for lessons or specially organized functions.

Club Trips: For a club sponsored trip, a member may rent a recreational canoe, or kayak with paddle and skirt for \$8 per day. There is no charge for installed floatation or required safety equipment. Canoe paddles and lifejackets are available at \$1 each per day. A member may rent equipment for the use of a non-member coming as a guest. (*Equipment may only be borrowed or rented in other circumstances with express permission from the board.*)

It is normally accepted that trippers travelling in vehicles other than their own, when car pooling etc., share in all reasonable costs.

Record Book, Payment: A member renting equipment should complete an entry in the record book maintained at the boathouse. Payment for rental should be by cheque made payable to the club.

Care of Equipment: In renting equipment, the member agrees to exercise due care, and to repair or replace damaged or lost equipment.

**OFFICIAL SCHEDULE OF
THE CATARAQUI CANOE CLUB
FOR
SPRING/SUMMER 2003**

Change in activity may be necessary due to weather and water conditions. Check with the trip leader.

IS THIS TRIP RIGHT FOR ME? Is it within my fitness and skill level? Do I have appropriate clothing, footwear and equipment? What water, food and protectants should be included in my pack? Are there potential risks, and do I accept them? Is there a health problem that could affect my participation?

Am I aware of tripping strategies to minimize impact on the environment?

Your leader can help with these and other decisions when you call, whilst describing the trip plan. Also, at the designated meeting place you are required to read the anticipated trip details, before signing a waiver. After all, good preparation is half the fun!

There is a \$5 non-member fee for paddling and overnight trips. Guests are welcome at no charge on non-paddling day trips.

MAY 31–JUNE 1, SAT-SUN. HART LAKE CAMPING. Most likely another canoeing and camping event will be organized for this weekend. The canoeing is easy, but the camping rather primitive. Check our website, or our phone number for details, or phone Barry at 389-6334 or 539-4864 (cell).

JUNE 8, SUN 10:00 A.M. TO 4:00 P.M. CATARAQUI CANOE CLUB CLINIC AT

FRONTENAC PROVINCIAL PARK. If you missed the courses given at our boathouse, then this is a chance to be introduced to canoeing. There is a cost of \$15.00 plus park parking fee, but all equipment is supplied by us. Register with the park at (613) 376-3489.

JUNE 13, FRI. BOILER ROOM WALL CLIMBING. Join Jane Knibbs for an evening of

climbing, or to try out a new sport in pleasant company. There is a fee of \$18.50 which includes rental of harness and shoes. Contact Jane at 634-6859.

JUNE 15, SUN. RED HORSE TO GANANOQUE LAKE. No rapids and no portages! Just go with the flow! For details call Ray Wilson at 382-7189.

JUNE 21, SAT. UPPER UPPER SALMON RIVER. A pleasant and scenic trip - with just a bit of fast water. Contact Bob Clooney at 384-4482.

JUNE 22, SUN. NAPANEE RIVER FAMILY PADDLE. This paddle involves some wading through shallow, rocky parts at Petworth and will be enjoyed by young and old. The put in is at Colebrook and after lunch and a swim at Barry's old stomping grounds we'll paddle back to Colebrook. Call Barry at 389-6334 or 539-4864 (cell).

JUNE 28-29, SAT-SUN. PALMER RAPIDS. Pleasant camping, and gentle introduction to white-water paddling. This is an ideal place for it. Some of us might go up Friday, and stay until Monday. The camping fee was \$10.00 per tent, per day, last year. For kayaking contact Mark Hughes at 542-4798; and for canoeing contact Ed Jeóak at 389-4459.

JULY 6, SUN. BLOOMFIELD TO WEST-LAKE. A family paddle with swimming at the beautiful Sandbanks beach. Bring lunch and dinner, a barbecue will be provided for those who wish to cook. The day will be spent enjoying the sun, sand and scenery. Expect a longer day. Call Barry at 389-6334 or 539-4864 (cell).

JULY 12, SAT. SALMON RIVER A CCC premiere! Sheffield Long Lake to the outlet of Horseshoe Lake. Red granite scenery, good swimming, no portaging. Contact Dugald Carmichael at 542-8628.

JULY 15-18, TUE-FRI. PETAWAWA

RIVER. The Petawawa is one of Ontario's finest, most scenic white-water rivers, The trip begins at Lake Traverse in the East part of Algonquin Park and ends at McManus Lake. Participants should have some white-water experience. We will run, track, line or portage canoes depending on water levels and skill levels. There is one rest day in the canyon section of the river at the Natch where the river winds around 300 ft. cliffs, to hike and practice white-water skills. Call Peter Kopp for further information at 546-9216.

JULY 19, SAT. FRONTENAC PROVINCIAL PARK interior lakes. Bob Clooney takes you onto six lakes (and across six portages), so a bit of stamina is required. Contact Bob at 384-4482.

JULY 20, SUN. RIDEAU LAKES PADDLE from Bedford Mills through Loon, Pollywog, Mosquito and Benson Lakes; lunch and swim on an island; all without a portage! Contact Janice Ley at 542-9958.

JULY 26-27, SAT-SUN. CROTCH LAKE. A popular camping trip. Contact Gerald Beaupre at 541-1759.

AUG.2-3-4, SAT. TO MON. ALGONQUIN PLAY WEEKEND. This trip has become a tradition for CCC. This is a relaxing weekend spent enjoying the natural waterslide, whirlpools, Jacuzzi's and waterfalls to shower in. The time may be spent relaxing or for the more adventurous a day trip may be planned; your choice. Call Barry at 389-6334 or 539-4864 (cell).

AUG 10, SUN. FRONTENAC PROVINCIAL PARK. Gary Birrell will choose an interesting route. Contact Gary at 389-5154.

AUG 16-17, SAT-SUN. KAYAKING TOUR with Margaret Wild. She will choose a route not too demanding, and not too distant from Kingston. Contact her at 542-9626.

AUG 22-24, FRI – SUN. UPPER-GATINEAU

WHITE-WATER FESTIVAL. This event is held in Maniwaki PQ, about 150 km north of Ottawa. Those attending pitch their tents in the grounds of the High School in the town. The festival is well organized. The rivers paddled range from Grade I to Grade IV. A shuttle service is provided, as are two breakfasts and the Saturday night dinner. The early registration fee for the package is \$50.00. If you wish to join the group coming from Kingston, call Alan Nicholls at 547 3781.

AUG 23, SAT. SCHEDULING PARTY at the Harris residence. Don and Eunice will provide the food for a modest fee of \$3 (BYOB). Please call at 546-0842.

AUG 24, SUN. LYNDHURST TO KILLINGBECK LAKE. A scenic paddle with only two short portages. Contact Bob Clooney at 384-4482.

AUG 30 - SEPT 1. SAT. TO MON. NUNIKANI LOOP. A return of a much requested trip to the Leslie M. Frost Provincial Forest in the Haliburton region. This trip has beautiful paddling, easy portages and no camping fees for idyllic sites. With luck our campsite for both nights will be on a remote and scenic island. You have the choice of relaxing or a day trip to Kennisis Lake. Call Barry at 389-6334 or 539-4864 (cell).



*Below Dam on Southern stretch
of Kennisis River*
NUNIKANI

SEP 6, SAT. LOUGHBOROUGH LAKE TO BATTERSEA. Should be an easy paddle. Bring lunch, or you can eat in (or takeout from) the Boathouse Restaurant where we dock in Battersea. No portages, no shuttles. Paddle there and back. Should still be warm enough for a swim. Contact Don Harris at 546-0842.

SEP 7, SUN. OTTER LAKE TO KINGSFORD LAKE. A paddle on the periphery of

Frontenac Park. A few carry overs over beaver dams, but no portages. Contact Ed Jeóak at 389-4459.

SEP 13, SAT. UPPER BREWERS TO MORTON. A pleasant paddle with a stop at Rock Dundar for a spectacular view. Contact Margaret Wild at 542-9626.

SEP 14, SUN. MORTON CREEK TO LYNDHURST. Long, pretty well an all day paddle, with a stop at Delta Park Campgrounds for lunch and a swim if desired. Delicious ice creams available at the end as a reward. Contact Don Harris at 546-0842.

SEP 21, SUN. CHARLESTON LAKE. Fall colours should be evident for this scenic paddle. Contact David Ferguson at 384-3044.

SEP 26-28, FRI-SUN. SCHOONER LAKES. One of the most popular camping and paddling weekends on our schedule. Participants can leave Friday or Saturday. As in the past, this is under the able direction of Mark Hughes; phone him at 542-4798.

Mark ready to try his Kayak

