

**CATARAQUI CANOE CLUB**



**KINGSTON**

==== April == 1985 == May =====

Snow Road / Calabogie Weekend

January 26 & 27 1985.

Pam, Brian, Carla, Alan, Bobby, Andrew, Anne, & Charles all met at Calabogie for cross-country skiing. After an enjoyable day of skiing we picked up Craig who had opted for down-hill skiing, dropped off Carla at Dennis' parent's cottage in Calabogie and headed to Millard's cottage where Geri was preparing supper.

On Sunday we skied at the cottage around the bush roads up to the rapids. While having lunch at the cottage we saw eight deer crossing the river, not very far away. Reluctantly we headed home in the late afternoon.

by Charles Millard

CRAIG TRAILS

Sat. Feb. 2

A large fraction of the club were at Craig Trails by noon Saturday. After the aquatics of the previous evening, some straggled in later than the planned 10:00 meeting time.

Conditions were excellent:- new snow, groomed trails, and -10 C temperatures.

Due to the staggered arrival times, the party was split into several groups. One group included Mike Barry, a new skier, who galliantly leveled nearly every mogul on Weathertop trail and covered himself with glory ( or was that snow? ).

Franz proved to be as able a skier as he is a canoeist while Dennis was rumored to have performed one (and just one) Telemark turn.

Much hot cider was consumed at the lodge. Due to the easy viewing from the lodge and the relatively easy snow conditions, many were tempted to show off by going down "Lobotomy Drop". Few succeeded, but the spectacle afforded much amusement. Late afternoon we all parted, some to tackle the Canadian Ski Marathon the next weekend.

reported by Debbie Fisher

(Ed. note: Debbie, does that mean that Franz is a good skier or not?)

We had lots of fun!

First we had a raft race. There were two teams. Each team had to build a raft with flutter boards, ropes, a life ring and floats. Then we had to put it in the water and race around the pool. My team, the Huckleberry Finns, beat the Tom Sawyers.

The winners of the dog paddle race won dog biscuits. It was hard to swim with the long night gowns on in the night gown relay race. It felt funny; the gowns were heavy. It was fun swimming in the feet first relay race, especially when Dennis and Mommy pulled me back.

The water ballet was very, very hard to do. Everyone tried to do whatever their team was doing, but sometimes it was hard to follow what the person in front was doing.

The prizes were good!

by Andrew Millard

THE POOL SESSION HELD FEBRUARY 1, 1985 WILL GO DOWN IN THE ANNALS OF CLUB HISTORY AS AN EVENING OF " INDESCRIBABLE PERFORMANCES."

THE RAFT RACE CLEARLY DEMONSTRATED EVERYONE'S ENGINEERING AND KNOTTING CAPABILITIES. THE FINISHED PRODUCTS WERE TRUE EXAMPLES OF THE CO-OPERATIVE SPIRIT. HAVING A TIME LIMIT NOT ONLY SERVED TO HEIGHTEN THE HILARITY BUT TO INTENSIFY THE VIGOUR THAT EACH TEAM DISPLAYED IN ITS EFFORT TO SUCCEED.

THE DOG PADDLE AND BACKWARDS RACES PRODUCED SOME INTERESTING IF NOT VOCAL ( BARK, BARK ) PERFORMANCES.

THE NIGHTGOWN RACE SEDUCED OUR OFFICIAL PHOTOGRAPHER, ( NEGATIVES OF THOSE CAUGHT IN UNCOMPROMISING POSITIONS AND ENJOYING THEMSELVES WILL NOT BE SOLD.) ONE OBSERVER FOUND HIM LAUGHING DELIGHTEDLY AT A MEMBER WHO LOOKED ESPECIALLY PROVACATIVE IN HIS "NIGHTIE".

EVERYONES FLAIR FOR THE ARTISTIC WAS EXEMPLIFIED BY THE SYNCHRONIZED SWIMMING. THE INITIAL GROANS AT THE REQUEST FOR THIS EVENT WERE SOON REPLACED BY GRACEFUL EFFORTS WORTHY OF THE GOOD SCORES THEY RECEIVED.

MANY THANKS MUST GO TO THE ORGANIZER(S) AND PARTICIPANTS WHOSE CO-OPERATIVE SPIRIT AND GOOD SPORTSMANSHIP MADE IT A VERY MEMORABLE AND ENJOYABLE EVENING.

WE ALL LOOK FORWARD TO RELIVING THE FUN AT A FUTURE FILM NIGHT.

THANK YOU JOHN MITCHELL FOR YOUR FINE ARTICLE !!

### Kayak Seminar

On Sunday, February 17 and 24, I had the pleasure of attending, together with Club members and acquaintances, the kayak seminar/pool session at the Queen's University pool. The programme was conducted under the auspices of Dennis Burr who did everything possible short of offering open white water experience to those who attended.

At the first session, Dennis instructed us in the basics:- how to get into the kayak; hold the paddle; and the various forward, back, and sweep strokes. We underwent wet exit exercises and then practised the various strokes and turns.

The middle events included a video-taping, on an individual basis, of a full pool length's paddling, 180 degree turn and a full length back again. This proved a very useful exercise complemented by Dennis' constructive criticism.

The closing minutes (over 45 of them) were consumed by Dennis' monologue/presentation on equipment and kayak features, and interrupted by numerous questions and answers.

The second and final Sunday started with a pool-deck warm-up and then a few minutes reviewing/practising the previous week's drills. The bulk of the session was divided between learning rolls and working on braces (high and low), sculling across the pool, and rescues.

Again, Dennis did some video-taping which was available for review at Karen Orgee's house. Karen also invited the folks to an informal brunch which was well appreciated.

I enjoyed every minute of the 6 hours and would like to thank, on the behalf of those who attended, Karen for the use of her facilities and to Dennis for a splendid introduction to kayaking.

Certainly, Dennis was correct in saying that now the course is over he hopes that a sense of frustration would develop at not being able to get back into a kayak soon enough - that goes for me and my two sons.

presented by Bruce Kirton

