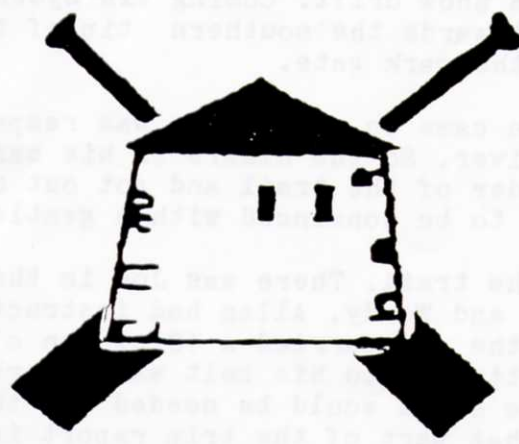


February
March
1985

CATARAQUI CANOE CLUB



KINGSTON



Yes there was plenty of snow on December 8. Joe certainly won't forget the many times that he had to back up his car to take another run at a snow drift. Coming via Sydenham, his 4-wheel drive laboured towards the southern tip of the park and finally plowed through the park gate.

When the vehicle came to a halt Joe was respected as a reliable and skillful driver. So the hikers in his car accepted him promptly as leader of the trail and got out of the car. Debbie, however, needed to be convinced with a gentle push.

The party hit the trail. There was Joe in the lead followed closely by Jean and Wendy. Allan had instructions to be next in line. Allan, by the way, carried a 10 oz can of lima beans in his backpack. And attached to his belt was a sparkling new collapsable mini stove. (The stove would be needed for the beans later on. We'll come to that part of the trip report in due time!) And a few feet behind Allan hiked Debbie, now greatly enjoying herself.

There they were. All five of them. Enjoying early winter's beauty. Taking in the fresh air. The party moved on, following the winding trail up and down, left and to the right. Then they came to a sudden halt when their path led by a lovely lake. It was decided to absorb this scene in greater detail. So Joe brushed the snow off the cliff and a cosy fire was lit. Now nature was being enjoyed in comfort. Thermoses were opened, ordinary sandwiches were eaten and the smell of lima beans cooking on Allan's space-age stove enveloped everybody.

Before long, the hikers were back on the trail. "We did about 2 miles on 6" of packed snow" said Joe Hosick after the trip. "We sort of slugged our way into the bush and then out again. We didn't see any exotic animals and nothing out of the ordinary happened. Maybe we just didn't try hard enough. But it was certainly good to get out there to get some fresh air and some good exercise."



"QUIT SHOVING!"

INTERNATIONAL POT LUCK SUPPER

Friday, Januar 11

Rebecca's idea of an international pot luck supper proved to be very popular. 24 people showed up at Aniko's place. Everybody had a good time indulging himself in an abundance of phantastic dishes. There were West Indian baked bananas, lasagna and shrimp salad. Tons of delicious desserts were served and willingly consumed.

Dave Schlesinger had noble intentions when he treated everybody's taste buds to a glass of Australian wine. Unfortunately, the wine tasted, according to Rebecca, "plain awful".

However, Dave did not come unprepared. He produced a selection of fine folk music tapes and offered free instructions in folk dancing.



"Did you say this pizza gave you indigestion?"

BON ECHO

Saturday, January 12

Everybody was holding his breath when Allan came racing down the ski trail - heading straight for an icy ridge. What followed was a graceful belly flop. Everybody agreed that it had been an impressive performance. However, some onlookers claimed that it wasn't quite seasonal. Lake Mazinaw was solidly frozen.

The party followed the trail along the shore line. There were Dennis, Carla, Diane, Allan, Brian, Pam, Rebecca and two friend of hers. Brian Findlayson's skiing expertise was much appreciated when he showed everybody how to do a Telemark Turn. Apparently, this is a very graceful turn, good for powder snow and open areas.

The snow conditions at Bon Echo were fairly good and the group skied for approx. 5 hours. However, Dennis who organized the trip would have been much happier, if some of the groomed trails had led away from the campsites into more remote areas of the park.

The following are recommendations for safety standards and conduct to be followed on our canoe/kayak trips. We ask that you read them and consider them. If you have any comments or suggestions, we ask you to get in touch with Dennis Burr at 549-7316 to voice your comments. These recommendations may become policy for our future canoe trips and you may have to fulfill these requirements in order to go on some trips.

We ask for your comments,

Your safety committee.

DIANE, CARLA and DENNIS

DUTIES OF A PADDLER

1. **TO BE ON TIME:-** Be prepared to leave 15 minutes after the meeting time.
2. **TO BE RESPONSIBLE FOR YOUR OWN EQUIPMENT:-** Have all equipment needed for the trip in good repair and ready to go at the meeting time and place.
3. **TO RESPECT ALL DECISIONS MADE BY THE TRIP LEADER:-** Decisions made by the trip leader are to insure your safety and pleasure and those of the other members of the party.
4. **TO KNOW YOUR OWN LIMITATIONS AND TO ACT WITH CAUTION:-** Do not put yourself in a position where you cannot achieve self-rescue unless you have prior approval of the trip leader.
5. **TO STAY WITH YOUR BUDDY:-** If the trip leader assigns you a buddy, stay with him. The buddy system is for the safety of you and your buddy. Also, your buddy may be more experienced than you and could offer tips on paddling skills on a personal level.
6. **TO INFORM THE TRIP LEADER OF YOUR DESIRE TO DO THE TRIP:-** The trip leader should know who is going on the trip by at least Wednesday for a weekend or day trip or by at least Monday prior to a longer duration trip.
7. **TO BE COURTEOUS AT ALL TIMES:-** Everybody wants to enjoy the trip but it only takes one person to spoil it for all.
8. **TO TAKE AS MUCH OF THE BURDEN OFF THE TRIP LEADER AS POSSIBLE:-** An example of things you can do to help your trip leader is to make arrangements for your own equipment and transportation needs.
9. **TO PAY YOUR SHARE OF ALL TRIP EXPENSES PROMPTLY:-** Nothing can be more frustrating than to be short of cash because a trip member did not pay his share.

